

# Health Cover for the Defence Community

# Why choose Navy Health?

We're a not-for-profit health insurer and a Members Health fund, giving you reassurance that we are committed to providing lower premiums and higher benefits.

### High member satisfaction

Our members come first, demonstrated by our 92% member satisfaction.\* We pride ourselves on providing expert knowledge, compassionate service and understanding of what can be a very complicated topic.

#### Great benefits

We have exceptional benefits on our extras covers, including unlimited general dental on selected Extras covers.

Full comprehensive ambulance cover is provided on all of our hospital and extras products, which means that you don't need a separate ambulance membership.

We offer members with hospital cover a range of extra benefits, such as the customised wellness portal and chronic disease management program as part of the Health + Care program.

### Reduced waiting lists

Waiting times are shorter for elective surgery in private hospitals, allowing you to get back to doing what you love sooner!

### Flexibility and choice

Ability to nominate your chosen doctor and choose from over 500 private hospitals.



### Money back on extras

With private health insurance, you can get money back on a range of services including optical, dental, physiotherapy, pharmacy and much more.

### Save on tax

There can be financial incentives for taking out private health insurance especially in regards to avoiding the Medicare Levy Surcharge and Lifetime Health Cover Loading.

### Federal Government Rebate

The Federal Government Rebate is designed to make health insurance more affordable. The rebate is means tested based on income levels and age.

\*2020 Discovery Research Customer Satisfaction Survey

## Find out if you're eligible

# If you or anyone in your immediate family was ever:

- A full-time member of the Australian Defence Force (Navy, Army or Air Force)
- · An ADF Reservist
- · Employed by a Defence Contractor
- · Employed by the Department of Defence

You could be eligible to join Navy Health. The good news is once you are eligible you are eligible for life.

### Defence discounts

As an acknowledgement of their commitment and sacrifice, a 10% reduction on payable premiums is offered to serving ADF members, ADF Active Reservists (SERCAT 3-5), Veteran Gold and White Cardholders.\*

We also waive the waiting periods for preexisting condition restrictions if you join within 90 days of your discharge from the ADF and the membership takes effect from the first day following discharge.

For full details of Navy Health membership types, policy options and terms and conditions, please refer to navyhealth.com.au

### Joining is easy

Simply go to navyhealth.com.au and complete an online application or call 1300 306 289.

\*Veteran White and Gold Cardholders and Active Reservists (SERCAT 3-5) must be covered by the membership for the discount to apply. Serving member discount applies to the spouse/partner or underage dependant of a current full-time serving ADF member. Active Reservists and serving ADF members must pay via direct debit on selected payment frequencies. Only one discount can be applied to a membership. Proof of eligibility must be provided for discount to apply. Please visit www.navyhealth.com.au/defence-discounts for full terms and conditions.



# Hospital cover overview

What's covered	Premium Gold Hospital	Core Silver+ Hospital	Saver Bronze+ Hospital 500	Saver Bronze+ Hospital and Extras 65
Excess	Nil/350/750	500	500	500
Assisted reproductive services	✓			×
Back, neck and spine	1	1		x
Blood	1			
Bone, joint and muscle	1	1		/
Brain and nervous system	1			
Breast surgery (medically necessary)	1	1		/
Cataracts	1	×		×
Chemotherapy, radiotherapy and immunotherapy for cancer	1	1		1
Dental surgery	1			
Diabetes management (excluding insulin pumps)	1	1		/
Dialysis for chronic kidney failure	1	×		×
Digestive system	1	1		/
Ear, nose and throat	1	/		<b>√</b>
Eye (not cataracts)	1	1		/
Gastrointestinal endoscopy	1			
Gynaecology	1	1		✓
Heart and vascular system	✓			
Hernia and appendix	1	1		✓
Hospital psychiatric services	1	R		R
Implantation of hearing devices	1	1		/
Insulin pumps	1			
Joint reconstructions	1	1		1
Joint replacements	1			
Kidney and bladder	1	1		/
Lung and chest	1			
Male reproductive system	1	1		/
Miscarriage and termination of pregnancy	1			
Pain management	1	1		/
Pain management with device	✓	1		×
Palliative care	<b>✓</b>	1		/
Plastic and reconstructive surgery (medically necessary)	✓	1		
Podiatric surgery (provided by a registered podiatric surgeon)	· /	1		<b>✓</b>
Pregnancy and birth	✓	×		×
Rehabilitation	/	1		R
Skin	✓	1		
Sleep studies	1	1		×
Tonsils, adenoids and grommets	1	1		1
Weight loss surgery	✓	×		×
Services not recognised by Medicare	×	×		×

<sup>✓</sup> Covered

x Not covered

R Restricted services (restricted categories partially cover your hospital costs as a private patient in a public hospital)

### **Extras cover overview**

What's covered	Premium Healthy Living Extras Extras		Budget Extras	Saver Bronze+ Hospital and Extras 65		
	Financial year limit					
General dental	Unlimited	Unlimited	\$500	\$600 (Combined)		
Major dental (sub-limits below)	\$2,000	\$1,500	General dental,			
- Periodontics	\$1,000	\$700	periodontics and extractions/oral			
- Extractions/oral surgery	\$1,000	\$700	surgery only			
- Endodontics	\$1,000	\$700				
- Crowns/bridgework	\$1,000	\$700				
- Dentures/implants	\$1,000	\$700				
Orthodontic	\$2,500	\$2000				
Optical	\$350	\$260	\$170	\$200		
Laser eye surgery	\$1,500	\$1,200		-		
Eye therapy	\$500	\$300		-		
Occupational therapy	\$500	\$400		-		
Physiotherapy	\$850	\$600	\$300	\$300		
Chiropractic/osteopathy	\$750	\$550	\$300			
Podiatry/chiropody	\$500	\$300				
Dietitian	\$500	\$300		-		
Natural therapies	\$550	\$320	\$200	\$200		
Non-PBS pharmacy	\$600	\$500	\$200	\$200		
Psychology	\$600	\$400		-		
Speech therapy	\$500	\$300		-		
MPAs	\$700	\$400				
CPAP devices	\$1,000	\$600		-		
Orthopaedic app/orthotics	\$300	\$200		-		
Hearing aids	\$1,300	\$900		-		
Audiology	\$500	\$300		-		
Home nursing	\$1,000	\$1,000				
School accidents	\$800			-		
Ambulance	Full	Full	Full	Full		

These tables are a general guide only. Before making any decisions regarding these covers please refer to the specific cover information and consider any waiting periods, service exclusions and per family limits that may apply. For extras cover, the benefit year is 1 July to 30 June.

# Does your health cover need a check up?

Did you know that health insurance costs vary by hundreds of dollars between providers?

That's why we developed our health cover check up, providing you with a detailed comparison between your current level of cover and an equivalent Navy Health product.

### Step 1



### Go to:

navyhealth.com.au/comparison and complete the simple form

### Step 2



We will provide a detailed comparison of your current cover compared to a Navy Health product

### Step 3



We will contact you via phone or email (your choice) with a comprehensive health cover check up





navyhealth.com.au







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